

Consent to Videoconferencing and Teletherapy

The use of videoconferencing and telephone services for therapy has been shown to be effective but also involves special considerations:

- If I deem that remote therapy is not beneficial or effective for our work, I will let you know that I recommend we use in-person treatment.
- Emergency: if you require crisis assistance, you will need to access care in your area. Please call 911 or go to the nearest emergency room.
- Location: Please consider your location during any phone or videoconferencing meetings to reduce distraction and protect your privacy. You should also be aware of potential security issues with your computer, smart speakers, and other devices (e.g. smart phones and smart appliances that await voice command activation). I will be using a HIPAA compliant platform. I will only use a HIPAA compliant platform for this service.
- Efficacy: If the use of technology is not working well for us, please let me know. There will be times when technology fails us and we need to reschedule or resort to another means of connecting. We will need to include time to assess the use of technology during our meetings and if we are unable resolve our issues with the technology, we will need to transition your therapy to another provider or plan.
- Records: I will continue to document and retain records of our meetings.
- Reporting Requirements: All mandated reporting requirements regarding Child, Elder, and Dependent Abuse, as well as and Suicidal and Homicidal Risk are still in effect.
- FEES: Phone and video sessions are sometimes not covered by insurance and I offer them fee-for-service only. I can appropriately code these services on your Superbill, but be aware that your insurance may not cover them.

We have reviewed and discussed these items:

Signature of client

Date